



Training Tailor Made
VOCATIONAL EDUCATION & TRAINING

Training People That Care



CHC43315 CERTIFICATE IV IN MENTAL HEALTH

COURSE OVERVIEW

The **CHC43315 Certificate IV in Mental Health** is designed for individuals working or seeking to work in roles that provide self-directed, recovery-oriented support to people affected by mental illness or psychiatric disability. You'll learn to support clients across a range of community-based settings such as residential services, home outreach, respite care, and non-government organisations. This qualification prepares you to work autonomously while collaborating with care networks and mental health professionals to empower individuals to live with greater independence, wellbeing, and social connection.

The community services and mental health industry is growing rapidly, with increasing demand for compassionate and qualified workers. Whether you're looking to begin a career as a Mental Health Support Worker, Case Manager, or Community Services Worker, or you're already in the sector and seeking to formalise your experience, this course provides a strong foundation for a rewarding and meaningful career. Training Tailor Made students report over 90% satisfaction, graduating confident, competent, and ready to step into advanced care roles—with the guidance of our industry-recognised trainers.

POTENTIAL CAREER OUTCOMES

- Mental Health Support Worker
- Community Services Worker
- Mental Health Outreach Worker
- Support Worker (Mental Health / Psychosocial)
- Case Worker / Assistant Case Manager
- Recovery Support Worker

COURSE DETAILS

Flexible Intake: Start at any time

Duration: Approximately 12 months

Delivery: Online with ongoing support from your Trainer/Assessor

Theory: 15 units in total (11 Core units and 4 Elective units)

Assessments: Written assessments and practical assessments, no essays or exams

Accessibility: User-friendly resources and assessments, accessible 24/7

Practical: **100 hours of Vocational Placement is required** and can be completed through your current employer.

WHAT YOU WILL LEARN

- Providing recovery-oriented support to people with mental health conditions
- Promoting wellbeing, inclusion, and cultural safety in diverse communities
- Navigating the health and community care sector within ethical and legal frameworks
- Implementing trauma-informed care and behaviour support strategies
- Responding to co-existing mental health and substance use issues
- Increasing safety and supporting individuals at risk of suicide
- Delivering community-focused health promotion and prevention strategies
- Managing personal stressors and maintaining professional wellbeing in support roles

ENTRY REQUIREMENTS

Students must be working or volunteering within the mental health industry to be able to enter into this course.

Basic *English, Literacy, Numeracy and computer skills* are required to undertake computer/online work. Students will also require *access to a computer and internet*. Please note that job roles in the Community Service and Health industries may require manual handling tasks and vaccination evidence.

COURSE PRICING

Training Tailor Made (TTM) offer competitive pricing, with holistic wrap around support for our online students. This includes 1:1 phone support with a trainer or our education support team.

- Full Fee: \$3,000
- Concessional: \$2,625
- Payment Plan Options (please enquire)

WHY CHOOSE TRAINING TAILOR MADE

Training Tailor Made (TTM) has specialised in community services training since 2009, offering practical, flexible support to help students succeed while studying 100% online. We provide one-on-one phone support, ideal for busy or working online students.

Specialised support includes:

- One-on-one phone support
- Industry connections
- 100% online study option

UNITS

11 CORE UNITS

CHCDIV001	Work with diverse people
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
CHCLEG001	Work legally and ethically
CHCMHS002	Establish self-directed recovery relationships
CHCMHS003	Provide recovery oriented mental health services
CHCMHS004	Work collaboratively with the care network and other services
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues
CHCMHS007	Work effectively in trauma informed care
CHCMHS008	Promote and facilitate self advocacy
CHCMHS011	Assess and promote social, emotional and physical wellbeing
HLTWHS001	Participate in workplace health and safety

4 ELECTIVE UNITS

CHCCCS003	Increase the safety of individuals at risk of suicide
CHCMHS001	Work with people with mental health issues
CHCEDU001	Provide community focused health promotion and prevention strategies
HLTWHS006	Manage personal stressors in the work environment